



Support & Community for Adults with Mental Illness



# Summit County Clubhouse IMPACT REPORT December 2023

## MISSION

We provide opportunities for adults with mental illness to achieve their highest potential through education, productive work, and meaningful relationships.



## From the Executive Director

Friends,  
In August 2023, I had the incredible opportunity to step into the role of executive director at Summit County Clubhouse (SCC). During my short tenure, I have been deeply moved by the Clubhouse model and how well it is working in our community. As we close 2023, I am pleased to share with you, our steadfast individual, foundation, corporate and government partners, our year-end impact report.

An estimated 1 in 5 adults in Utah experience mental health challenges each year. Unfortunately, mental health and substance abuse challenges are even more prevalent in our mountain resort community than in other parts of the state. The continuing fall-out from the pandemic, workforce challenges, mental health provider shortages, and gaps in our ability to serve the culturally diverse communities who live and work here, all contribute to this crisis.

At SCC, we know our mission is more critical today than ever before. The Clubhouse model uses proven strategies to meet people where they are and provide the “people, place and purpose” needed for recovery. With this success, we now face a transformational moment in which Clubhouse services can be leveraged to impact countless others living with a mental health diagnosis in our community. I am proud of all we have been able to accomplish together in 2022 and 2023. This document highlights how far we’ve come – and more importantly, how far we have to go!

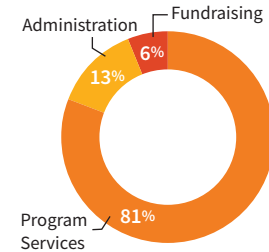
As we look to 2024, we are well prepared to build on our successes and create change, together. Thank you for your belief in us!

Jen O’Brien

## 2022 Financial Summary

Revenue: \$ 365,731  
Expenses: \$ 301,851  
Net Income: \$ 63,880

Total Assets: \$ 545,590  
Total Liabilities: \$ 99,625  
Net Assets: \$ 446,325



\*Based on 2022 audited financials

### Use of Donations

Thank you to our generous supporters. Your donations are life changing. All donations and grant funds help our members in Summit and Wasatch Counties.

## 2023 Board of Directors

- |                                    |                  |
|------------------------------------|------------------|
| Aaron Newman, <i>Chair</i>         | Joel Fine        |
| Matt Dombrowski, <i>Treasurer</i>  | Hailee Hernandez |
| Janice Fine, <i>Secretary</i>      | Lindsay Jacobsen |
| Sally Jablon, <i>Chair Emerita</i> | Lynne Rutan      |
| Dr. Xavier Amador                  | Steve Spaulding  |
| Janet Feeley                       |                  |

## Member Spotlight



Polly comes to the Clubhouse for community, friendship and employment support. Like many, Polly’s mental health challenges interrupted her career in healthcare and led to a period of homelessness and a string of low-paying jobs. Polly has rebuilt her confidence and is now working with staff and member assistance on her resume and interview skills. She appreciates Clubhouse for helping her create a job search strategy that prioritizes work without putting her recovery at risk.

“Having community and one-on-one support from Clubhouse has lowered my anxiety around employment significantly!”

## Our Impact At-A-Glance

Summit County Clubhouse has piloted the Clubhouse model in Park City over the past five years, serving members from Summit and Wasatch Counties, at no charge. **So how are we doing?**



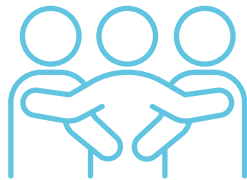
**40%** growth in membership in 2023.



**75%** part-time or full-time employment rate among members.



**0%** hospitalization for active members.



Open for members on every national holiday and for regular evening and weekend events, allowing members to celebrate with “Clubhouse family” and avoid social isolation.



Responded to **52** Emergency Fund requests, allocating over **\$8,300** with an average award size of **\$161**, covering expenses such as food, rent, utilities and transportation when no other community resources were available. These funds prevented homelessness, job loss and food insecurity.

## How do we do it?

The focal point of our program is our uniquely supportive and collaborative Clubhouse setting. Here, members and staff work side by side to operate all aspects of Clubhouse in a team approach based on mutual respect. Through the “Work Ordered Day”, adults whose lives have been disrupted by mental illness feel welcomed – and needed – as valued participants, colleagues, and members of the Clubhouse community.

### The pillars of Clubhouse programming include:

**EMPLOYMENT** — We partner with local businesses to help members reintegrate into society through transitional, supported and independent employment programs. At Clubhouse, employment is a key gateway to recovery.

**EDUCATION** — Members have access to support, guidance and resources as they work to meet their GED, certificate and college degree goals.

**FINANCIAL ASSISTANCE** — Members are connected with federal, state and local community resources to meet their individual needs. Where outside resources are not available, the Clubhouse Emergency Response Fund allows us to respond swiftly so that unexpected financial emergencies won’t derail a member’s recovery.

## What’s next?

### Our priorities for 2024:

- Increasing organizational capacity by hiring a full-time staff member to coordinate our clubhouse units (culinary, business, education, and employment).
- Increasing Latino Outreach and Programming Capacity by initiating more targeted evening programs and increased partnerships with Latino serving organizations.
- Growing employment by identifying corporate and business partners for transitional and supported employment.
- Growing our education and employment programming by helping members actively pursue education and vocational training.



## A Clubhouse is:

- A place where people with serious mental illness (members) participate in their own recovery process by working and socializing together in a safe, welcoming environment.
- An organization that operates on proven standards developed over 5 decades by Clubhouse International and effective in over 320 Clubhouses worldwide.
- A community-based approach that complements available psychiatric and medical treatments.

Summit County Clubhouse is deeply committed to following the Clubhouse International model of Psychosocial Rehabilitation, a highly successful evidence-based program that has developed over more than seventy years. There are approximately 320 Clubhouses spread across 32 countries today.

To learn more about Summit County Clubhouse:  
<https://www.summitcountyclubhouse.org/>



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Please invest in Summit County Clubhouse to help us scale and expand services in ParkCity and the surrounding areas:

